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APPOINTMENTS

2009 – 2011	Chief, Department of Surgery, PRH
2007 – 2009	Vice Chief, Department of Surgery, PRH
2007 – present	Courtesy Medical Staff, Wentworth Douglass Hospital
2002 – present	Active Medical Staff, Portsmouth Regional Hospital
2002 – 2007	Chair, Institutional Review Board Committee Portsmouth Regional Hospital
2002	Committee Memberships Breast Committee Cancer Care Education Integrative Health Nutrition Pharmacy and Therapeutics (discontinued 2004)

LICENSURE AND CERTIFICATION:

- 2005 Medical Licensure, State of Maine (temporary, August 1 – Jan 31)
- 2002 American Board of Surgery Diplomate (December 2002)
- 2002 Medical Licensure, State of New Hampshire (11715, issued 8/02)
- 2001 Medical Licensure, State of North Carolina (200100921, inactive)
- 1996 Medical Licensure, State of Maryland (D0050589, inactive)
- 1994 Diplomate, United States Medical Licensing Examination

EDUCATION:

Undergraduate

1986-1990 BA in Psychology, *magna cum laude*, Baylor University
Waco, Texas

Medical School

1990-1994 MD, University of Texas Southwestern Medical School
Dallas, Texas

Residency

1994-2001 Intern and Resident, Department of Surgery
University of Maryland School of Medicine
Baltimore, Maryland

Research

1996-1998 Research Fellow, Department of Surgery
Preceptor Barbara L. Bass, MD
University of Maryland School of Medicine
Baltimore, Maryland

Fellowship

2001-2002 Carolinas Laparoscopic and Advanced Surgery Program
B. Todd Heniford, MD
Carolinas Medical Center, Charlotte, NC

HONORS AND AWARDS:

- 2000 SAGES Video Achievement Award
Then and Now: Lessons Learned from 400 Laparoscopic Donor
Nephrectomies
- 1994 University of Texas Southwestern Reynolds Award
- 1990-1994 Southwestern Medical Foundation Jay Simmons Scholarship
- 1990-1991 National and Local Alumni Scholarships
- 1989 Phi Beta Kappa
- 1986 National Merit Scholar

CURRENT PROFESSIONAL MEMBERSHIPS:

- 2006 New England Surgical Society
- 2005 New Hampshire Medical Society
- 2004 American College of Surgeons, Fellow
- 2003 American Society for Bariatric Surgery, Member Surgeon
- 2002 American Society of Breast Surgeons
- 1999 Society of American Gastroenterologic Endoscopic Surgeons
- 1996 American College of Surgeons, Associate Fellow

PUBLICATIONS:

JOURNAL ARTICLES:

1. Harold KL, Goldstein SL, **Nelms CD**, Matthews BD, Sing RF, Kercher KW, Lincourt A, Heniford BT.
Optimal Closure Method of Five Millimeter Trocar Sites.
The American Journal of Surgery 187(2004): 24-27.

2. **Nelms CD**, White RL, Matthews BD, Ballinger, Jr. WE, Sing RF, Heniford BT.
A Thoracoabdominal Esophageal Duplication Cyst.
Journal of the American College of Surgeons Images in Surgery, pending publication.
3. Alvarez C, **Nelms C**, D'Addio V, Bass BL.
The Pancreatic Duct Epithelium in Vitro: Bile Acid Injury and the Effect of
Epidermal Growth Factor.
Surgery 122(2): 476-484, 1997.

ABSTRACTS:

1. **Nelms CD**, Alvarez C, Strauch E, Lally K, Bass B.
Glycocholic and Taurocholic Acids Stimulate Esophageal Mucosal Repair.
American College of Surgeons Surgical Forum, 1997, pages 156-158.
2. **Nelms CD**, Murray JD, Kaufman TM, Horton JW.
Evidence of Lipid Peroxidation in Plasma and Heart Tissue after Ischemia-
Reperfusion Injury.
The FASEB Journal, 6(5), 1992, A2040.
3. Murray JD, **Nelms CD**, Kaufman TM, Horton JW.
Lipid Peroxidation in Plasma and Heart Tissue after Burn Injury.
The FASEB Journal, 6(5), 1992, A2042.

PRESENTATIONS:

1. **Nelms CD**, White RL, Matthews BD, Heniford BT.
Laparoscopic Resection of a Thoracoabdominal Cystic Mass.
American College of Surgeons, October 2002, accepted as video
2. **Nelms CD**, Matthews BD, Kercher KW, Sing RF, Heniford BT.
Laparoendoscopic Approach to Gastric Masses.
American College of Surgeons, October 2002, accepted as video
3. **Nelms CD**, Kercher KW, Greene FL, Heniford BT.
Laparoendoscopic Resection of a Gastric Tumor.
Digestive Diseases Week, ASGE Video Forum, May 2002, San Francisco, CA, video
4. **Nelms CD**, Goldstein SL, Matthews BD, Sing RF, Kercher KW, Harold KL, Lincourt
A, Hearn EW, Heniford BT.
Optimal Closure Method of Five Millimeter Trocar Sites.
Society of American Gastrointestinal Endoscopic Surgeons World Congress
March 2002, New York, NY, oral and poster

5. **Nelms CD**, Goldstein SL, Matthews BD, Sing RF, Greene FL, Heniford BT. Thoracoscopic Management of a Massive Esophageal Epiphrenic Diverticulum. Society of American Gastrointestinal Endoscopic Surgeons Scientific Session World Congress, March 2002, New York, NY, video
6. **Nelms CD**, Matthews BD, Lohr CE, Kercher KW, Pollinger HS, Heniford BT. Minimally Invasive Management of Esophageal Diverticuli. Society of American Gastrointestinal Endoscopic Surgeons World Congress March 2002, New York, NY, poster
7. Goldstein SL, **Nelms CD**, Matthews BD, Sing RF, Kercher KW, Heniford BT. The Lateral Approach to Laparoscopic Cholecystectomy in the Previously Operated Abdomen. American College of Surgeons 87th Annual Clinical Congress October 7-12, 2001, New Orleans, LA, poster
8. Gannon CJ, Genuit T, **Nelms C**, Napolitano LM. Bile Inhibits LPS-Induced IL-10 and Nitric Oxide Production in Murine Macrophages. Southeastern Surgical Congress, February 2-6 2001, New Orleans, LA, poster
9. **Nelms CD**, Liao PS, Cho E, Dunkin BJ, Flowers JL, Jacobs SC, Jarrell BR. Then and Now: Lessons Learned from 400 Laparoscopic Donor Nephrectomies. American Urological Association Mid-Atlantic Section October 15-18, 2000, Rio Grande, Puerto Rico, video
10. **Nelms CD**, Liao PS, Cho E, Dunkin BJ, Flowers JL, Jacobs SC, Jarrell BR. Then and Now: Lessons Learned from 400 Laparoscopic Donor Nephrectomies. Society of American Gastrointestinal Endoscopic Surgeons Scientific Session March 31, 2000, Atlanta Georgia, video
SAGES Video Achievement Award
11. **Nelms CD**, D'Addio, Alvarez C, Strauch E, Lally K, Bass B. Bile Salts and the Esophageal Epithelium. Harry L. Sponseller, MD Surgical Forum, oral
May 1998, Baltimore, Maryland.
12. **Nelms CD** Alvarez C, Strauch E, Lally K, Bass B. Glycocholic and Taurocholic Acids Stimulate Esophageal Mucosal Repair. American College of Surgeons 83rd Annual Clinical Congress, Surgical Forum, oral
October 1997, Chicago, Illinois.
13. Alvarez C, **Nelms C**, Bass BL. Bile Acids Inhibit Pancreatic Duct Cell Proliferation in Vitro: Response to EGF. The Society of University Surgeons, Program of the Scientific Session, 1997, page 66.

14. **Nelms CD**, D'Addio V, Lally K, Bass BL.
InsR Tyrosine Kinase Blockade Inhibits Bile Stimulated Esophageal Mucosal Growth.
The Society of University Surgeons 58th Annual Meeting, Resident Session, oral
February 1997, Tampa, Florida.

COMMUNITY LECTURES

Bariatric Seminars presented on multiple occasions to prospective patients as well as to physician colleagues.

Women's Care Lecture Series topics include: **Thyroid Surgery, Minimally Invasive Surgery, Hiatal Hernias, and Taking Care of Mind, Body, and Soul.**